

Humboldt County Office of Education's
TAPES/TVRY Program

HSU YES House

Northcoast Big Brothers
Big Sisters

Eureka City Schools Compass Program

Girl Scouts Sierra Cascades

California Mentor
Network

RCAA's Family Services

T.O.P. SCHOOL

Volunteer Center of
the Redwoods

Redwood Community Action Agency
Northcoast Mentor Program
904 G St.
Eureka, CA 95501



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Do you know someone—a friend, family member, coach, teacher, or co-worker—who would make a great mentor?

There are hundreds of Humboldt County boys and girls who are waiting for positive companionship. Inspire others to become mentors; share your experience with someone in your life.

Don't miss these exciting upcoming activities!

- ★ Movie and Game Fun Night: September 14th
- ★ Day of Caring 2007: September 15th
- ★ Mentor Training—Media Literacy: September 26th
- ★ Camp Out in Freshwater: September 29th

The Northcoast Mentor Program is putting together a book about mentoring and local matches in Humboldt County. To be in our book, please send in a picture and a one page story about your mentoring relationship to:

Northcoast Mentor Program
904 G Street
Eureka, CA 95501

For more information, call 269-2050/1

Freebies!

Arcata

Arcata Community Pool —youth pass
Arcata Pizza & Deli —2 slices of pizza & 2 sodas
CenterArts— free youth ticket when available
E&O Bowl— 1 free game
Figueiredo's—1 free rental
Grandma B's Fudge—\$5 gift certificate
Health Sport—adult/youth pass
It's Yoga Arcata— 1 free yoga class
Jitter Bean—1 free drink
Los Bagels—1 free bagel with cream cheese
McDonalds— buy 1 Big Mac get 1 free
Minor Theatre— youth pass
Redwood Yogurt—2 free yogurt cones
Sacred Grounds— 1 free hot chocolate or 1 free coffee
Smug's—1 free pizza slice deal
Spotlight Video— \$1 off rental
Star's— \$5 gift certificate
Video Experience—1 free rental

Blue Lake

Dell 'Arte— free youth ticket when available
E&O Bowl— 1 free game

Eureka

Bayshore Mall Movies— youth pass
Broadway Cinema— youth pass
Burger King — free value meal
College of the Redwoods Pool— youth pass
College of the Redwoods Athletic Season Pass— for 2 available for all sporting events
Figueiredo's—1 free rental
Flour Garden— free coffee w/\$2 purchase
Harbor Lanes Bowling— youth pass
Hometown Buffet— free youth pass
Jitter Bean—1 free drink
Los Bagels—1 free bagel and cream cheese
Madaket— free youth pass
McDonalds— buy 1 Big Mac get 1 free
North Coast Rep. Theatre— free youth pass
(Please call or e-mail us to request pass)
Old Town Coffee & Chocolates— \$5 gift certificate
Quizno's— free sub w/purchase drink & chips
Skating at the Muni — free pass
Smug's Pizza—1 free pizza slice deal
Spotlight Video— \$1 off rental
Star's— \$5 gift certificate
Taco Bell— 1 free burrito or taco
Wendy's—1 free frosty
Video Experience—1 free rental

Ferndale

Repertory Theater—free youth pass

Fortuna

Burger King — free value meal
Figueiredo's—1 free rental
Fortuna Concert Series—free youth pass
Fortuna Theater—free youth pass
Health Sport—adult/youth pass
Jitter Bean—1 free drink
Out of the Sun—adult/youth pass
McDonalds— buy 1 Big Mac get 1 free
Pavilion Skate— free youth pass
Reel Videos—1 free rental
Studio Looks Salon—2 hair cuts, price of 1
Sweet Temptations— 1 free ice cream cone
Taco Loco—spend \$8, get kid's meal free

McKinleyville

Burger King—free value meal
Figueiredo's—1 free rental
Health Sport—adult/youth pass
McDonalds— buy 1 Big Mac get 1 free
McKinleyville Rec.— free skate pass
Mill Creek Cinema— youth pass
Quizno's Sub— free sub w/purchase
Taco Bell— 1 free burrito or taco

Rio Dell

DJ's Burger Bar—2 Value Meals
Figueiredo's—1 free rental
Nail Works by Debi—2 manicures for \$15

Sunny Brae

Coffee Break— \$10 gift certificate

*Remember, we always have gas
and bus vouchers!*



We would like to **thank** these businesses for their generous donations to the Northcoast Mentor Program in support of **your** mentoring relationships.

AUGUST

Northcoast Mentor Program Mentor Times



Mentor/Mentee Activities

	<p>Arts Alive! Eureka—Sat. August 4th; Arcata: Fri. August 10th; McKinleyville: Fri. August 17th. Every month Eureka, Arcata, and McKinleyville come alive with featured artists displaying their art in galleries and shops. Street performers, musicians, and refreshments bring out a community that enjoys creative sharing and fun. FREE!</p>
	<p>Eureka Summer Concert Series—Thursdays, 6-8pm. Every Thursday evening enjoy great concerts on the Boardwalk in Old Town Eureka. Bring your blankets and beach chairs. FREE for the public! August 2nd—Levi Loyd and the 501 Band (Soul/Jazz); August 9th—Bill Noteman and the Rockets (Rock/Blues); August 16th—Tom Rigney and Flambeau (Cajun Swing)</p>
	<p>The Sound of Music—August 2nd-September 2nd (Friday and Saturday nights at 8pm and Sunday matinees at 2pm). Come and enjoy the classic musical “The Sound of Music” at the Ferndale Repertory Theatre. Based on the book by Howard Lindsay & Russel Crouse. Music by Rogers and Hammerstein. For more info, call Ferndale Rep 786-5483 or call the Northcoast Mentor Program for FREE tickets at 269-2050!</p>
	<p>111th Annual Humboldt County Fair—Thursday, August 9th—Sunday, August 19th At the County Fairgrounds in Ferndale! Check out the carnival rides, high dive show, comedian and juggler Paul Issak and many more events! Kids 12 and under are free Thursdays, August 9th and 16th! Prices vary other days from \$3 - \$7. For more information go to www.humboldtcountyfair.org!</p>
	<p>Mentor Training: Volunteer Opportunities and Benefits—Thursday, August 9th 6:00pm-7:30pm. Learn about the Volunteer Center of the Redwoods and volunteer opportunities for you and your mentee. Also, if you are 55 years or older, learn about the benefits (mileage reimbursement, etc) of the Retired Senior & Volunteer Program and how <u>you</u> can get involved. Training will be at the Volunteer Center of the Redwoods on 3300 Glenwood St. in Eureka. For more information or directions call 269-2050/1. Pizza and refreshments will be provided. Please RSVP by August 8th. FREE!</p>
	<p>Sumeg Village Day—Saturday, August 11th, 10am-3pm. A celebration of Yurok culture featuring traditional foods, music, dancing, storytelling, basket weaving and more! Event will be held at the Sumeg Village Cultural Site, Patrick’s Point State Park, Trinidad. For more information or directions call 677-3110.</p>
	<p>Northcoast Mentor Program River Rafting Trip—Saturday, August 11th, 7am-6pm. Summer is here and it is time for mentors and mentees to float the Trinity River together! If you are already signed up, be sure to return your forms no later than August 1st. Breakfast and lunch provided. For more information call 269-2050/1. FREE!</p>
	<p>North Coast Storytellers—Friday, August 17th, 8pm. Join the North Coast Storytellers for an evening of stories around the campfire as they prepare for the Storytelling Festival by the Sea. The event will be at Patrick’s Point State Park, Trinidad. For more information call 677-3840 or 677-3570. FREE!</p>

Friendly reminder: our office hours are Monday-Thursday 9:00am-5:00pm